

# Machai Jamison

Denver, CO 80210

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## Education

University of Denver at Denver, CO

**M.A. in Sport & Performance Psychology** June 2024

University of Michigan at Ann Arbor, MI

**B.A. in Sport Management** May 2022

## Work History

### Associate

*Athletic Intelligence Quotient (AIQ), Remote*

*December 2024 - Current*

- Build relationships with elite athletes to facilitate data collection.
- Administer and oversee cognitive and performance-based testing at premier All-Star events, including the Hula Bowl and East-West Shrine Bowl.
- Conduct virtual test administrations for NFL Draft prospects unable to attend in-person events.
- Manage and troubleshoot testing platforms to ensure seamless data collection.
- Ensure accurate and efficient data acquisition while maintaining confidentiality and professionalism.

### Athlete Experience Associate

*UPSWING Foundation, Centennial, CO*

*September 2024 - Current*

- Provided personalized support to athletes, focusing on enhancing their performance, well-being, and overall experience
- Supported daily facility operations by ensuring all athletic equipment, resources, and spaces were prepared and maintained to meet athletes' needs, fostering a safe and effective training environment
- Assisted in creating and implementing programs that promote athlete engagement, education, and holistic development
- Worked closely with coaches and staff to align goals and ensure streamlined support for athlete needs
- Analyzed athlete feedback to improve classes, promote a positive experience, and tailor services to meet evolving needs

### Mental Performance Consultant

*Center for Performance Excellence, Denver, CO*

*October 2022 - June 2024*

- Consult with coaches to help create optimal environments for holistic wellbeing and sport
- Teach clients mental performance skills to enhance their performance potential
- Observe client's games, practices, and scrimmages
- Provide pre-game and in-game support to help players prepare mentally, stay focus, and maintain composure
- Develop individualized mental training programs tailored to the unique needs and goals for each athlete

### Graduate Manager

*University of Denver Men's Basketball, Denver, CO*

*September 2022 - June 2024*

- Assist coaches in recruiting visits and tours for prospective players
- Set up and organize equipment (balls, cones, etc.) before practices and games
- Assist in organizing travel arrangements for away games, including transportation and lodging
- Serve as a liaison between players, coaches, and other staff members

### Recruiting Assistant

*University of Michigan Football, Ann Arbor, MI*

*March 2019 - March 2022*

- Aided in the planning and execution of unofficial and official recruit visits during the season and off-season
- Contacted high school athletic directors for football schedule and potential recruits
- Worked closely with Michigan Football coaching staff, Director of Recruiting, Director of Scouting, and Director of Operations on numerous projects and events
- Assisted in the recruitment of the 2019, 2020, 2021, and 2022 recruiting class respectively ranked 8th (90.78 avg), 10th (90.59 avg), 13th (89.92 avg), and 9th (90.15 avg) in the nation